




# May 11- May 14 AM Session

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Read/watch "Pete The Cat and The Missing Cupcake" (Seesaw) and ask your child how many questions. "How many cupcakes does he have?" and count using 1:1 correspondence.	Trace Rainbow Name, if you can do that, try writing your name in 3 different colors with a visual.	Look at a book together. Have your child turn the pages at the right time.	Write your child's name out on paper leaving space between the letters. Cut them out and have your child put the letters in order to spell their name. Have them tell you the letter names and the sounds of each letter. *Seesaw
Communication	Practice using the more sign or saying the word more during snack or meal time. "I want ___" or signing "more"	Practice the words FAST and SLOW. Help your child run or clap FAST and then have them run or clap SLOW.	Practice the words IN and OUT. Have a cup and a small object. Ask your child to put the object in the cup and then ask your child to take the object out.	Practice your child's name. Ask your child, "where is..." and help them pat their chest to indicate "That's me."
Math	Trace the circle activity on Seesaw	Matching/Sorting/categorizing activity Set of cards in packet dropped off at your home. Instructions and example on seesaw	Farm Patterns on Seesaw	Practice counting to 5 in various ways: Clap 5 times Hop 5 times Count 5 crackers out Stomp 5 times *If 5 is easy, try 10.
Sensory	Wash the dishes sensory exploration 	Hide the animals sensory bin 	Put out a bowl of water and give students spoons, cups and other kitchen items to play. 	Have your child blow a light object (Cotton ball, feather) off of a table.
Fine Motor/Craft	Mother's Day Craft *Seesaw for directions	Bilateral coordination/visual motor: Have your child walk around the room and pick up small toys or pompoms with tongs or a spoon and put them into a container they are holding with their other hand.	Peacock Craft Project from paper packet, Directions on Seesaw.	Practice pushing pennies or buttons into a slotted container (cardboard or tupperware with slit in lid), piggy bank, or tennis ball "mouth." Directions on Seesaw

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Gross Motor	<p>Watch and dance to this GoNoodle song: Penguin Song <a href="https://family.gonoodle.com/activities/the-penguin-song?utm_content=teacher&amp;utm_medium=31522049&amp;utm_campaign=share_link&amp;utm_term=the-penguin-song&amp;utm_source=clipboard">https://family.gonoodle.com/activities/the-penguin-song?utm_content=teacher&amp;utm_medium=31522049&amp;utm_campaign=share_link&amp;utm_term=the-penguin-song&amp;utm_source=clipboard</a></p> <p>Bubbles with Ms. Pooja: Seesaw video</p>	<p>Crossing midline: Practice having your child reach their right hand to left foot and vice versa OR have your child pass a balloon or large ball or animal to someone beside them.</p>	<p>Practice a rabbit jump. (video on Seesaw).</p> <p>Ms. Pooja has a Mother's Day craft: Seesaw for directions</p>	<p>Stretch! Stretch arms up and stretch down and touch toes. You can stretch side to side.</p> <p>*Here are some Yoga poses on video if you need ideas: Dog Pose: <a href="https://www.youtube.com/watch?v=hEnd0jPkunQ">https://www.youtube.com/watch?v=hEnd0jPkunQ</a> Cat Cow pose: <a href="https://www.youtube.com/watch?v=zybz7xdx3dk">https://www.youtube.com/watch?v=zybz7xdx3dk</a></p>
Social Skills/ Behavior	<p>Play red light green light. * Seesaw</p>	<p>Have your child practice following a direction. Give a simple one step direction like "hand on your head" or "put the cup on the chair" and help your child complete the task.</p>	<p>Make faces in a mirror together. Practice happy, sad, mad.</p>	<p>Take an item of your child's choice and hide it in several places around the house. Use hot (closer to) and cold (farther away) to describe where the items is.</p>
Self Help Skills	<p>Have your child get dressed as independently as possible.</p>	<p>Have your child practice washing his/her face independently.</p>	<p>Help your child put some of the silverware away.</p>	<p>Practice opening and closing different Tupperware containers of all sizes and shapes.</p>